

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Baked Meatballs Brown Gravy Yams Green Beans Wheat Bread Fresh Fruit Milk	4 Red Beans & Sausage Rice Mixed Greens Cornbread Fresh Fruit Apple Juice	5 Ash Wednesay Crab Salad Broccoli Raisin Salad Tossed Salad Saltine Crackers Nutty Buddy Bar Apple Juice Ranch Dressing	6 Hamburger Lettuce & Tomato Baked Beans Hamburger Bun Warm Spiced Peaches Apple Juice Mustard/Mayonnaise Ketchup	7 Baked Fish Lemon Herb Sauce Whipped Potatoes Peas & Carrots Wheat Bread Oatmeal Cookie Milk
10 Swiss Steak Rice Carrots Dinner Roll Craisins Apple Juice	11 Baked Ham Black-eyed Peas Mixed Greens Cornbread Fresh Fruit Milk	12 Chicken & Sausage Gumbo with Rice Okra and Tomatoes Dinner Roll Fresh Fruit Apple Juice	13 Chili Rice Cilantro Lime Corn Dinner Roll Fruited Gelatin Milk Taco Sauce	14 Fish Patty/Cheese Tater Gems Green Beans Hamburger Bun Chocolate Chip Cookie Milk Tartar Sauce Ketchup
17 Steak Fingers Country Gravy Whipped Potatoes Green Peas Dinner Roll Fresh Fruit Milk	18 Diced Pork Rice/Gravy Asian Vegetables Wheat Bread Chocolate Pudding Apple Juice	19 Cheeseburger Lettuce & Tomato Baked Beans Hamburger Bun Warm Spiced Apples Milk Mustard/Mayonnaise Ketchup	20 Baked Chicken Leg (2) Gravy Glazed Carrots Country Corn Dinner Roll Fresh Fruit Apple Juice	21 Tuna Salad Lettuce & Tomato Macaroni Salad Wheat Bread (2) Fresh Fruit Milk
24 Chicken & Sausage Jambalaya Green Beans Cabbage Wheat Bread Strawberry Craisins Apple Juice	25 Spaghetti/Meat Sauce Italian Vegetables Tossed Salad/Dressing Dinner Roll Fresh Fruit Milk Parmesan Cheese	26 Ham & Chicken Chef Salad Cucumber Salad Saltine Crackers Pineapples Peanut Butter Cookie Milk Assorted Dressing	27 BBQ Rib Patty Macaroni & Cheese California Vegetables Hamburger Bun Fresh Fruit Milk	28 Cheese Omelet Salsa Ranch Beans Chuckwagon Corn Flour Tortilla Fresh Banana Apple Juice
31 Baked Meatballs Brown Gravy Yams Green Beans Wheat Bread Fresh Fruit Milk	 <p><i>Nutrition & Services For Seniors</i></p> 			