



# JANUARY 2019

VOLUNTEER'S NAME \_\_\_\_\_

## Nutrition & Services for Seniors

Meals on Wheels  
4590 Concord Rd  
Beaumont, TX 77703

NEED INFORMATION  
CONTACT LOTTIE  
PHONE: (409) 892-4455  
(409) 722-7782  
FAX: (409) 892-0443  
Or if you prefer  
EMAIL:  
lottie@seniormeals.org



*Please Help Us...*

By turning in this calendar, which provides us the required support for your volunteer hours.

Return at the end of the month.

Record your hours from the time you leave your home or office until you return with coolers.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CLOSED HAPPY NEW YEAR'S DAY	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	30		

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# FEBRUARY 2019

VOLUNTEER'S NAME \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

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# MARCH 2019

VOLUNTEER'S NAME \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10 Daylight Saving Time Starts	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						