

# May 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>1</b>	Baked Meatballs Teriyaki Sauce Rice Lemon Broccoli Dinner Roll Oatmeal Cookie Milk	<b>2</b>	King Ranch Chicken Spanish Rice Green Beans Flour Tortilla Fruited Gelatin Milk	<b>3</b>	Cheeseburger Lettuce & Tomato Ranch Beans Hamburger Bun Spiced Apples/Pineapples Milk Mayonnaise Ketchup	<b>4</b>	Smothered Chicken Whipped Potatoes Glazed Carrots Wheat Bread Choc Chip Cookie Milk	<b>5</b>	Shepherd's Pie Green Peas Orange Beets Wheat Bread Fresh Fruit Milk
<b>8</b>	Chicken Piccata Garlic Potatoes Green Beans/Onions Dinner Roll Nutty Buddy Bar Milk	<b>9</b>	Beef/Turkey Stroganoff Whole Kernel Corn California Vegetables Dinner Roll Fresh Fruit Apple Juice	<b>10</b>	Oven Fried Drumsticks (2) Black-Eyed Peas Okra and Tomatoes Wheat Bread Raisins Milk	<b>11</b>	Mu Shu Pork Rice Japanese Vegetables Pineapples Chocolate Pudding Orange Juice	<b>12</b>	Frito Pie Hominy Parslied Carrots Corn Chips Gelatin Apple Juice
<b>15</b>	Salisbury Patty Brown Gravy Whipped Potatoes Peas & Carrots Dinner Roll Fudge Crème Cookie Milk	<b>16</b>	Spaghetti with Chicken Meat Sauce Whole Kernel Corn Herbed Green Beans Texas Bread Sugar Cookie Apple Juice	<b>17</b>	Hamburger Lettuce & Tomato Baked Beans Hamburger Bun Spiced Fruit Milk Mayonnaise Ketchup	<b>18</b>	Chicken Drumsticks with Gravy Lentils Lemon Broccoli Wheat Bread Fresh Fruit Milk	<b>19</b>	Tuna Salad Lettuce/Tomato Pasta Salad Wheat Bread (2) Banana Milk
<b>22</b>	Parmesan Chicken Italian Vegetables Lemon Herb Pasta Dinner Roll Fresh Fruit Milk	<b>23</b>	BBQ Rib Patty BBQ Sauce Potato Wedges Chuckwagon Corn Hamburger Bun Craisins	<b>24</b>	Chicken Etouffee Cajun Rice Collard Greens Cornbread Fresh Fruit Orange Juice	<b>25</b>	Pork Roast Brown Gravy Ranch Potatoes Broccoli/Cauliflower Wheat Bread Fig Bar	<b>26</b>	Taco Lettuce/Tomato Pinto Beans Flour Tortilla Peach Cobbler Apple Juice
<b>29</b>	<b>CLOSED</b>  <b>MEMORIAL</b>  <b>DAY</b>	<b>30</b>	King Ranch Chicken Spanish Rice Green Beans Flour Tortilla Fruited Gelatin Milk	<b>31</b>	Cheeseburger Lettuce & Tomato Ranch Beans Hamburger Bun Spiced Apples/Pineapples Milk Mayonnaise Ketchup	 <p><i>Nutrition &amp; Services For Seniors</i></p> <p><i>"At Home But Not Alone"</i></p>  <p><b>TRIO</b> CORPORATE MEALS an ellor company</p>			