

**Nutrition & Services  
for Seniors**

Meals on Wheels  
4590 Concord Rd  
Beaumont, TX 77703

NEED INFORMATION  
CONTACT LOTTIE  
PHONE: (409) 892-4455  
(409) 722-7782  
FAX: (409) 892-0443  
Or if you prefer  
EMAIL:  
lottie@seniormeals.org



*Please Help Us...*

By turning in this calendar, which provides us the required support for your volunteer hours.

Return at the end of the month.

Record your hours from the time you leave your home or office until you return with coolers.



# OCTOBER 2018

VOLUNTEER'S NAME \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 Bake Potato Sale	26	27
28	29	30				

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# NOVEMBER 2018

VOLUNTEER'S NAME \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Daylight Saving Time Ends	5	6 Election Day	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 CLOSED THANKS-GIVING DAY	23 CLOSED	24
25	26	27	28	29	30	

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# DECEMBER 2018

VOLUNTEER'S NAME \_\_\_\_\_

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 FIRST DAY OF WINTER	22
23 30	24 CLOSED 31 -OPEN NEW YEAR EVE	25 CLOSED MERRY CHRISTMAS	26	27	28	29