

**Nutrition & Services
for Seniors**

Meals on Wheels
4590 Concord Rd
Beaumont, TX 77703

NEED INFORMATION
CONTACT LOTTIE

**PHONE: (409) 617-2238
(409-) 223-2351
(409) 892-4455**

FAX: (409) 892-0443

Or if you prefer
EMAIL:

lottie@seniormeals.org



**YOUR HOURS ARE
IMPORTANT TO US**

**Record your hours
from the time you leave
your home or office
until you return with
coolers.**

**Turn in at the end of
each month. Calendars
are sent out Quarterly.**



OCTOBER 2021

VOLUNTEER'S NAME _____
PLEASE SIGN YOUR NAME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 HALLOWEEN						



NOVEMBER 2021

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 DAYLIGHT SAVINGS TIME END	8	9	10	11 VETERANS DAY	12	13
14	15	16	17	18	19	20
21	22	23	24	25 CLOSED THANKSGIVING DAY	26 CLOSED	27
28	29	30				

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DECEMBER 2021

VOLUNTEER'S NAME _____
PLEASE SIGN YOUR NAME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 CLOSED	24 CLOSED CHRISTMAS EVE	25 CHRISTMAS DAY
26	27	28	29	30	31 NEW YEAR'S EVE	