



# JULY 2021

## Nutrition & Services for Seniors

Meals on Wheels  
4590 Concord Rd  
Beaumont, TX 77703

NEED INFORMATION  
CONTACT LOTTIE

**PHONE: (409) 617-2238**  
**(409-) 223-2351**  
**(409) 892-4455**

FAX: (409) 892-0443

Or if you prefer  
EMAIL:  
lottie@seniormeals.org



YOUR HOURS ARE  
IMPORTANT TO US

Record your hours from  
the time you leave your  
home or office until you  
return with coolers.

Turn in at the end of  
each month. Calendars

VOLUNTEER'S NAME \_\_\_\_\_  
PLEASE SIGN YOUR NAME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 CLOSED INDEPEND- ENCE DAY	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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# AUGUST 2021

VOLUNTEER'S NAME \_\_\_\_\_  
PLEASE SIGN YOUR NAME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

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# SEPTEMBER 2021

VOLUNTEER'S NAME \_\_\_\_\_  
PLEASE SIGN YOUR NAME

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 CLOSED LABOR DAY	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		