

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT. 2 CLOSED  LABOR DAY	SEPT. 3 *5 BBQ Beef w/Onions and Cheese Bun Green Beans Oven Brown Potatoes Fruit Cup/Milk 	SEPT 4 *4 Pork Chops and French Onion Rice Brussels Sprouts Roll Pear Crisp Juice 	SEPT 5 *4 Chicken Salad Greek Pasta Salad Cucumber & Onion Salad Crackers Blueberry Muffin Milk  NFL STARTS	SEPT. 6 *6 Cabbage Roll California Blend Vegetables Cornbread Yogurt Juice  READ A BOOK DAY
Sept. 9 *5 Beef Patty w/ Lima Beans Zucchini Cornbread Orange Slices Juice  HOT DOG BIRTHDAY	Sept. 10 *6 Beef Tater Bake w/ Cheese Kidney Beans Cauliflower w/ Red Peppers Applesauce Milk  T.V. DINNER DAY	Sept. 11 *5 Chicken Burger Parsley Red Potatoes Dilled Carrots Bun Choc Chip Cookie Juice  Patriot Day 9-11 NEVER FORGET	Sept. 12 *5 Beef Broccoli Stir Fry Brown Rice Yellow Squash Roll Lemon Pudding Milk  VIDEO GAMES DAY	SEPT. 13 CLOSED ANNUAL MEETING  STAFF CONFERENCE
Sept. 16 *6 Steak Fingers w/Cream Gravy Mashed Potatoes Capri Blend Vegetables Diced Peaches Milk  HARVEST MOON DAY	Sept. 17 *5 Beef Tips w/Gravy Rice Turnip Greens Roll Ambrosia Juice  ADULT DAY SER. WK.	Sept. 18 *5 Sausage & Potatoes Stewed Tomatoes Roll Pineapple Chunks Juice  Independence Day in Mexico	Sept. 19 *5 Chicken Enchiladas w/Red Sauce Mexi-Corn Green Beans Tortilla Jello Milk  National Piano Month	Sept. 20 *6 Chili w/Beans & Cheese Rice Cornbread Peach Cobbler Juice  NATIONAL CHEESEBURGER DAY
Sept. 23 *4 Chicken Parmesan w/Pasta Zucchini Spiced Pears Juice  AUTUMN BEGINS	Sept. 24 *5 Swedish Meatballs Mashed Potatoes Okra & Tomatoes Cornbread Orange Slices Milk  National Pancake Day	Sept. 25 *4 Macaroni & Cheese Ham Slice Brussels Sprouts California Mixed Vegetables Fruit Cup Juice  SAVE THE KOALA DAY	Sept. 26 *6 Crunchy Fish Patty Tartar Sauce Chuckwagon Corn Tater Tots Wheat Bread Yogurt Juice  NATIONAL DURUM MONTH	Sept. 27 *6 Chicken & Dumplings Broccoli Roll Vanilla Pudding Milk  WORLD TOURISM DAY
Sept 30 *6 Spaghetti Casserole Spinach Bread Stick Cinnamon Apples Juice  National Coffee Day September 29th NAT'L COFFEE DAY			CARENET AVAILABLE NOW @ NUTRITION AND SERVICES FOR SENIORS EMERGENCY RESPONSE SYSTEMS CONTACT LOTTIE @ 892-4455 OR 722-7782 ONLY \$30.00 PER MONTH	CARENET 

MILK OR JUICE SERVED WITH EACH MEAL
SUBSTITUTIONS MAY BE MADE DUE TO DELIVERY OF PRODUCTS

*** INDICATES
CARB EXCHANGES**