



Nutrition & Services for Seniors Launches Client Assessment and Home Repair Assistance Program

In August of 2017, Hurricane Harvey came ashore, roaring into Texas and Louisiana. Trapped between weather systems, Harvey sat in place over Southeast Texas for days, dumping trillions of gallons of rain and spawning unprecedented flooding. Harvey set the record as the wettest tropical cyclone ever to hit the contiguous United States, and tied with Katrina as one of the costliest tropical cyclones in history. More than 75 people died in Texas, and billions of dollars in damages were incurred.



In the aftermath of Harvey, Nutrition & Services for Seniors immediately took action to help our clients and our community. The impact of this rare storm affected both of the counties in our 1,800 square mile service area, therefore making the need for our services even greater. In preparation of the inclement weather from Harvey, we distributed two shelf-stable meals to each of our clients while we were still able to safely reach their residence. While both counties we serve were facing mass devastation as the storm ensued, we only missed one full day of service before taking all actions necessary to care for our homebound neighbors. We immediately brought together a team of staff and community volunteers to distribute shelf stable meals to each home bound client who could be safely reached. With no power and an unexpected water outage in Beaumont, we also partnered with the City of Beaumont in distributing water to our clients who were unable to evacuate their homes. In addition to our water distribution partnership with the City of Beaumont, we also began fielding 3-1-1 calls from our offices to better serve the needs of our community. Post Harvey, we were heartbroken by the existing need our home bound senior and disabled clients were still facing as a result of the damages they sustained from this disaster and wanted to do more. It is our mission to give our clients the opportunity to lead quality lives while maintaining dignity and independence, therefore, with funding from the American Red Cross, the United Way of Beaumont & North Jefferson County and the HEART Program, we became dedicated to establishing the Client Assessment and Home Repair Assistance Program to better help our clients recover from this devastating loss. Through this program we are giving back to our senior and disabled clients in ways we never dreamed. We are providing vital home repairs and accessibility modifications to Harvey affected homes that are helping our clients to remain living independently at home, but not alone.

For questions about our Client Assessment & Home Repair Assistance Program, please feel free to call us at (409)892-4455.

Client Testimonial

"I just want to say I am very pleased with the work. I was very pleased with the workers, they were very professional. The repairs to my home helped me a lot because I don't have to worry about getting around on my walker anymore. With my new floors, I am able to get around my home so easily.

- Home Repair Program Client



NOTICE TO ALL VOLUNTEERS New Volunteer HOTLINE

The new phone number below is now active for all Meals on Wheels volunteer drivers to reach us.

(409)617-2238

SAVE THE DATE for upcoming events!

October 24, 2019
Baked Potato Fundraiser
benefiting Meals on Wheels

April 24, 2020
**Volunteer Appreciation
Dinner**
Under the "Big Top"

May 7, 2020
**Deliver the Difference
Luncheon**
Benefiting Meals on Wheels



TEAM BUILDERS

that serve from the heart



At their core, **Education First Federal Credit Union** is true to their Southeast Texas roots, working hard to improve their members' financial well-being and providing the tools and technology to meet ever-changing needs. It all started in 1951 with \$50 and a few teachers and they are now serving anyone who lives, works, worships or attends schools in Jefferson, Hardin, Jasper, Newton, Tyler and Orange counties. Their goals make them wonderful Meals on Wheels volunteers as their mission aligns perfectly with the mission here at Nutrition & Services for Seniors. Much like Education First, our goal is to enrich the lives of the communities we serve through a variety of life-sustaining services for our elderly and disabled neighbors. Thank you to Education First for sharing your time and talents in our efforts to deliver the difference in Southeast Texas.



For more than 90 years, **Forest Lawn Funeral Home** and **Forest Lawn Memorial Park** in Beaumont, Texas has been serving families in Southeast Texas during their times of need. The Beaumont community has been supportive of funeral home and cemetery so in return, they are involved in various local charitable organizations including us at Nutrition & Services for Seniors. Their commitment to serving the community has led them to form a team that delivers daily meals to homebound elderly and disabled adults in desperate need of vital food and friendship throughout Beaumont and surrounding areas. Thank you to Forest Lawn for your dedication to ensuring our homebound neighbors are able to remain living independently at home, but not alone.



At **Capital One**, they believe strong communities and strong business go hand in hand. Thriving communities require long-term focus and commitment, coupled with strong partnerships with nonprofits and community leaders to drive lasting economic success. Capital One's commitment to building a strong community foundation has inspired their desire to deliver Meals on Wheels among the homebound in Southeast Texas. We want to thank Capital One for joining our TEAM to deliver life-sustaining food and friendship to the homebound neighbors in our community.

TEAM WORK

with Nutrition and Services for Seniors



The **King's Club** is a relationship-building Youth Empowerment Ministry that encourages kids to identify their gifts and to overcome challenges in life through Christ, through summer and after-school activities, leadership skills, and family outreach. Our partnership with the King's Club has become a vital resource for assembling shelf stable meals, which go out to our homebound clients in need of daily nourishment beyond our once daily home delivered meal. The shelf stable meals often act as dinner, snacks, weekend and supplemental meals for our clients and play an important role in their ability to maintain their independence at home.



The **Beaumont ISD 18+ Transition Program** is unique in Beaumont and serves special education students who have completed all graduation requirements but need additional training. Under the leadership of Ms. Ruby and Ms. Francis, this group is passionate about serving their community and has chosen to spend their time at Nutrition & Services for Seniors. Their volunteer projects include individually packaging items such as rolls and garlic bread for our more than 1,500 seniors and disabled adults who receive our daily meals at home and area congregate dining centers.



A longtime supporter of Nutrition & Services for Seniors, **Valero** has built a strong bond with many local charities, organizations and agencies helping to improve quality of life in the communities they serve. Established in 1983, the Valero Volunteer Council is comprised of dedicated employees at each location who lead local volunteer efforts in their communities. Each volunteer council meets on their own time to discuss the needs of each community and develop a plan of action to serve and help make a difference. During their most recent visit to Nutrition & Services for Seniors, the team from Valero put together a whopping 2,300 shelf stable meals that will be vital for our Emergency Food Package Program that will offer life-saving food in the event of an emergency or natural disaster.



Since 1967, **M&D Supply** has had a mission “to make customers happy by providing exceptional service, convenience and value.” They are known for always offering the very best customer service, being employee friendly, family oriented and for having an overall fun work environment, for having integrity and for always supporting their community. Because of their dedication to our community, each year they hold a fundraiser for area non-profit organizations. This year, Nutrition & Services for Seniors was awarded \$7,580.51 to help support our Meals on Wheels program, which currently delivers more than 1,300 life-sustaining daily meals to homebound elderly and disabled adults in Jefferson and Hardin counties. Thank you to M&D Supply for all you do support our homebound neighbors in need!



The Annual *St. Mark's Chili Supper and Bazaar* is much more than just a bowl of chili. Proceeds from their annual Chili Supper and the St. Mark's Treasure house are awarded to many local community service organizations, including us at Nutrition & Services for Seniors. With the funds from this years' grant cycle, we were able to facilitate the purchase of new equipment that will be utilized for various staff trainings, volunteer training and for annual events that raise funds to support our many programs and services. Thank you to **St. Mark's** for always supporting our mission to 'deliver the difference' in Southeast Texas!

Save the date for their 78th Annual Event on November 14, 2019!!



St. Anne is more than a place for students to learn - it's a caring community of parents, students, teachers, staff and administrators who genuinely enjoy working together toward a common goal. They encourage parents to get involved in their child's education and activities through their active Home and School Association. This year, the 2nd grade class at St. Anne came together out of concern for our the elderly in their community would be able to handle the cold winter weather. Their concerns led to a sock drive where they collected socks that were distributed with sweet messages to their elderly neighbors who receive meals through our Meals on Wheels program. Thank you St. Anne!



Port Acres Elementary School is filled with special, gifted and kind little humans just like these 5 boys who had it on their hearts to ensure their elderly neighbors had a way to feed their pets without having to share their own meals. When they learned about our AniMeals program, which distributes pet food at no cost to our homebound clients with pets, they took action! They began collecting pet food that could be distributed to their homebound neighbors throughout Jefferson and Hardin counties. We want to thank everyone at Port Acres Elementary who helped make this possible. Without this program, many of our homebound clients would not be able to feed their pets or they would share their meals with them, resulting in a lack of nutrition for everyone involved. It's through those like the students at Port Acres Elementary that we are able to maintain this program and continue providing life-sustaining meals for our homebound clients and their furry friends.



In its history, **Del Papa Distributing** has developed a diverse list of community partnerships that has grown to include local Universities and Colleges, Health Care institutions, Social Service agencies and local civic and economic development organizations. For over a century, the employees of Del Papa have continued a proud tradition of supporting and strengthening the many communities in which their consumers, customers and employees live and work. We, at Nutrition & Services for Seniors, are proud to be one of the many organizations throughout Southeast Texas that Del Papa selects to support each year! This year, the donation of \$5,000 towards our Meals on Wheels program will ensure that many worthy residents among our community continue to receive the life-sustaining services they need to maintain their independence and remain living at home, but not alone. Thank you Del Papa for continuing to support our mission to enrich the lives of the most vulnerable seniors and disabled adults in Southeast Texas!



The **Junior League of Beaumont** has been an organization in our community since 1937 and for more than 80 years and works to improve the lives of families in need. The Junior League of Beaumont was instrumental in the development of our AniMeals program, which provides pet food for our Meals on Wheels clients who have pets and over the years, they have awarded us with many grants that support our various programs and services. This year, in addition to a donation of pet food for our AniMeals program, we also received a grant in the amount of \$1,810.45 to facilitate the purchase of an electric steam table for our meal programs!! Thank you to the Junior League of Beaumont for supporting our mission to care for the elderly and disabled in Southeast Texas.



Leadership Beaumont identifies mid-level executives with strong leadership potential, providing them with opportunities to engage in the region's business and civic communities, and acquire skills to lead organizations into the next decade and beyond. Their nine month program brings 30-40 business professionals together to address key issues in our community including but not limited to infrastructure, downtown development, education and health & wellness. The 2019 class of Leadership Beaumont identified a need among the homebound population in our community and took action by hosting a food drive benefiting Nutrition and Services for Seniors. The items collected will be distributed to the homebound as part of our Empty Pantry Program, which ensures our clients have food in their pantries for snacks, emergencies, and non-delivery days. Thank you to Leadership Beaumont for supporting NSS!



At **BASF**, their commitment to a sustainable future includes creating chemistry in the communities in which they live and work. The kind of chemistry that brings people together to work toward a healthy and successful future. BASF has community relations programs to foster mutually beneficial relationships with stakeholders based on trust and respect. Through their corporate charitable contributions and community relations efforts, BASF supports activities in three key areas: Science Education; Environment; Health Safety and Community Based Initiatives. We share their commitment to initiatives that are important to the quality of life for our homebound neighbors. Thank you to BASF for coming together to host a fundraiser this summer that will directly improve the lives of the most vulnerable homebound senior citizens and disabled adults in Southeast Texas. With your help, even more of our homebound neighbors will remain living at home, but not alone.



Our local Subaru retailer, **JK Subaru** has dedicated countless hours to sharing the love in their community. Their annual support during the 2018 'Share the Love' Event resulted in a donation of \$4,875 to help support the Meals on Wheels program at Nutrition and Services for Seniors. Subaru of America, Inc. and their retailers believe in making the world a better place and the Subaru Love Promise is their vision of respecting all people. This is their commitment to show love and respect to their customers and to work to make a positive impact in the world. They believe in a strong positive force in something bigger. And it all starts in their community. Not just by their donations, but by their actions. That's why they stay true to their Love Promise Community Commitment by partnering with a wide variety of community

nonprofits and charities. We are proud to partner with Meals on Wheels America and JK Subaru to continue sharing the love among our homebound elderly and disabled adult population. Together, we will deliver the difference.



CrossFit Beaumont trains strictly using the CrossFit methodology. CrossFit is a strength and conditioning program that combines gymnastics, power lifting, cardiovascular training, and Olympic weightlifting. They mix these elements in as many ways possible which allows for workouts to be constantly varied and will maximize results. Last year, they supported us through a WOD event and this year, CrossFit Beaumont came together for a Row-a-Thon, which raised just over \$3,000 that will support our Meals on Wheels program!



When Heart to Heart Hospice opened in Beaumont, their Executive Director, Chaplin and Volunteer Coordinator along with several volunteers formed the **Heart to Heart Band**. Each week, the band plays in area nursing homes, assisted living facilities, senior apartment complexes, senior centers and at family nights! What began as a love of music has evolved into a means of healing and therapy for our elderly community. Seniors, especially those in need of occupational therapy, come alive when they hear the music - especially music that was popular when they were young. Familiar tunes often spark motion and dancing, bringing joy to their lives and their hearts! Thank you to

the Heart to Heart Band for performing for the clients in our various dining centers and for all you do to ensure our elderly and disabled adult community experience the joy of music!

Behind the Garden Gate



Our fall and spring gardens have produced a delectable array of fruits and vegetables including strawberries, tomatoes, cucumbers, onions, carrots, green beans and more. Also we send a big thank you to members of Wesley United Methodist who have partnered with us and shared buckets of fresh products from their garden. Since the inception of our garden almost four years ago, we have taken over 22,000 servings of fresh, organically grown fruits and vegetables to our Meals on Wheels clients and experienced for ourselves the great joy of growing good food and spending time outdoors.



A Friendly Reminder About Meals on Wheels Procedures:

- 1) **PLEASE NO DELIVERIES BEFORE 10:30.** We are held to the 10:30 - 1:30 time frame to ensure food stays at proper temperature.
- 2) **IF YOU CAN'T DO YOUR ROUTE PLEASE CALL or TEXT (409)617-2238**, call (409)892-4455 ext. 231 or ext. 227, or email volunteer@seniormeals.org
- 3) Please do not leave meals on porch, in clients cooler or with neighbors.
- 4) **Take a few minutes to look over your route sheet before delivering your route.** New clients may be added.
- 5) From time to time, we send paperwork for clients to sign. Please take a few minutes to wait for them to sign and return in your binder.
- 6) **Use ballpoint pens to mark delivered or not delivered. No markers, please.**
- 7) Please take a minute to list your time that you start delivering and finish your route on your calendar. We get credit for volunteer hours. Calendars are emailed out quarterly and may be found on our website at www.seniormeals.org/volunteer. If you do not e-mail, please call (409)617-2238 or (409)892-4455 ext. 227 or ext. 231.

Welcome to our Family 2019 NSS Volunteers

- | | |
|---------------------|------------------|
| Clarence Piper | Joe Persohn |
| Rosie Lozano | Sue Holmes |
| Ryan Chapman | Sharlene Shigley |
| Cassie Labdrum | Carol Morgan |
| Bel Morian | Dezaray Thompson |
| Susan Hart | Brittany Bennett |
| Pat/Morris Williams | Paige Callaway |
| Delores West | Kim Charlton |
| Gwen Warren | Sal Guerrero |
| Charity Angelle | Paul Gilbeau |
| Charles Elliott | Carrie Haskett |
| Kathleen Reddell | Kyna Hunter |
| Jamaura Brydson | Mohammad Islam |
| Frank Dale Wilson | Kate Jabbia |
| Natalie Coates | Aimee Murphy |
| Celia Messer | Kelly Smith |
| Johnny Billot | Shelby Tyus |
| Kay Mackenzie | Kim Vuong |
| Maxie Williams | Kim Villard |
| Ashley Hubel | |
| Jackie Dupuy | |

One of the Greatest Gifts You Can Give is Your Time

We appreciate each of you for all the times you say YES in subbing!



Lottie Arline
Volunteer Coordinator



Renée Smith
Community Outreach Coordinator

Volunteers Needed to Fill The Following Routes

Please consider subbing one of these routes with your regular route or calling (409)617-2238 on days that you would like to cover a route.

BEAUMONT

- | | | |
|-----------|--------------------------|--------------------|
| 1A | 4th & College | Tue. & Thu. |
| 2B | Magnolia & Fillmore | Friday |
| 2E | Major & 105 | Tues & Wed |
| 4B | College & Yorktown | Friday |
| 5C | Amelia Area | Mon. 2nd, 4th, 5th |
| 5D | Villas of Sunnyside Apt. | Mon., Fri. |
| 5F | Off 23rd & Dowlen | Fri. |

HARDIN COUNTY

- | | | |
|------------|---------------|------------------------|
| 11A | Village Mills | Tue., Wed., Thu., Fri. |
| 11B | Kountze Area | Mon. |

PORT ARTHUR / MID-COUNTY

- | | | |
|------------|-----------------------|------------------------|
| 6A | Port Neches Area | Mon. |
| 7B | Edison Square | Tues. Wed. & Thu. |
| 9C | Nederland Area | Friday |
| 9D | Turtle Creek & Legacy | Tues. - Fri. |
| 9F | Nederland Area | Tue. & Thu. |
| 10A | Nederland Area | Friday |
| 10B | Heatherbrook Apt. | Tue., Wed., Thu., Fri. |