

June is:	1-Jun	2-Jun	3-Jun	4-Jun
Great Outdoors Month National Soul Food Month National Steakhouse Month National Candy Month	Beef Enchiladas w/Enchiladas Sauce Ranch Style Beans Mixed Greens Tortilla Lime Fluff Anniversary of Debut of Superman (1938)	Veal Marsala Mixed Rice Pilaf Italian Green Beans Breadstick Chocolate Cake National Rocky Road Day	Glazed Ham w/Pineapple Slice Whipped Sweet Potatoes Squash Medley Wheat Bread Snickerdoodle Cookie "What kind of horse never wins a race?" A Sawhorse	Fish Filet w/Tartar Sauce Crispy Potato Cubes Green Peas Wheat Hamburger Bun Apple National Doughnut Day
7-Jun	8-Jun	9-Jun	10-Jun	11-Jun
Meatloaf w/Tomato Gravy Seasoned Potatoes California Mixed Vegetables Hoagie Bun Iced Marble Cake Chocolate Ice Cream Day	Salisbury Steak w/Brown Gravy Garlic Mashed Potatoes Cucumber & Tomato Salad Wheat Bread Peach Cobbler Upsy Daisy Day yaD ysiaD yspU	Dijon Pork Patty Creole Corn Celery Seasoned Cabbage Cornbread Blonde Brownie 76th Birthday of Donald Duck (1934)	Chicken & Rice Casserole Okra & Tomatoes Sautéed Mustard Greens Wheat Roll Bread Pudding w/Vanilla Pudding Bal Point Pen Anniversary 1943	Cajun Catfish w/Tartar Sauce Seasoned Black-eyed Peas Squash Casserole Wheat Bread Banana Corn on the Cob Day
14-Jun	15-Jun	16-Jun	17-Jun	18-Jun
Chicken Fried Steak w/Cream Gravy Whipped Potatoes Seasoned Green Beans Wheat Roll Fruited Jell-O U. S. Flag Day	Turkey Pot Pie Yam Patty Steamed Zucchini Cornbread Chocolate Chip Cookie Native American Citizenship Day	**Meal of the Month* Beef Burgundy over/Combination Rice Dilled Lima Beans, Carrots, & Green Pepper Sautéed Spinach Wheat Bread Orange Cake Fudge Day	BBQ Chopped Chicken Sandwich Seasoned Mixed Greens & Onions Garden Salad Wheat Hamburger Bun Hot Spiced Apples Eat Your Vegetables Day	Cheese Tortellini w/Marinara Sauce Peas & Mushrooms Capri Mixed Vegetables Italian Bread Orange Picnic Day
21-Jun	22-Jun	23-Jun	24-Jun	25-Jun
Chicken Parmesan Pasta w/Marinara Sauce Italian Mixed Vegetables Breadstick Chocolate & Vanilla Swirl Pudding Summer Begins	Creamy Chicken Pasta English Peas Brussels Sprouts Wheat Bread Sugar Cookie National Chocolate Éclair Day	Cheese Omelet w/Cream Spinach Sauce Corn w/Bell Pepper Steamed Broccoli Wheat Bread Orange Juice "The trail is the thing, not the end. Travel too fast and you miss all you are traveling for." Louis L'Amour	Ham & Cheddar Sandwich Tater Casserole Spinach w/Pimientos Wheat Hamburger Bun Banana National Handshake Day	Cheeseburger Mac Squash Medley Whole Baby Carrots Wheat Bread Yellow Cake w/Chocolate Icing National Strawberry Parfait Day
28-Jun	29-Jun	30-Jun	<b>CARENET</b>	
Lemon Pepper Chicken Breast Black-eyed Peas Cauliflower w/Cheese Sauce Wheat Bread Chocolate Brownie	Southwestern Style Pork Tips Seasoned Butter Beans California Mixed Vegetables Cornbread Banana Anniversary of TV Remote Control (1964)	Chicken Broccoli Stir Fry Fried Rice Sugar Snap Peas Biscuit Tapioca Pudding	Available <b>NOW</b> at Nutrition & Services for Seniors Emergency Response System Contact Jackie at 892-4455 or 722-7782 <b>ONLY \$30 a Month</b>	

MARGARINE AND MILK ARE SERVED WITH EACH MEAL.  
SUBSTITUTIONS MAY BE MADE DUE TO DELIVERY OF PRODUCTS.  
DIABETIC MEALS MAY DIFFER.